



CLICK HERE TO ACTIVATE

LESSON 



In this lesson, we shall learn about :

- ◆ The dresses of men and women
- ◆ Traditional dresses
- ◆ Uniforms
- ◆ Dresses for special occasions
- ◆ Fabric

□ **New Words**

diversities, traditional, mundu, angrakha, turban, brocade

We have learnt that the climate of our country is not the same, it varies from one place to another. On the hilly regions, it is very cold. The southern region is very hot. Some regions have heavy rainfall, some regions are dry. These diversities in climate affect our **dresses** as well as our food habits. People of our country wear different types of clothes in different **seasons**.



□ **Remember**

We can recognise people by the style of their dresses.

□ **Activity**

Do you know how many seasons we have in our country and what type of clothes we like to wear in these seasons ?

Every state has some traditional wear with which we can recognise them. This is known as their **traditional dress**. However, some dresses are very common and they are worn mostly in every part of our country.

Women's Clothes: The most popular dresses of women in our country are saree-blouse, salwar-kameez and ghagra (skirt)-choli with chunri (odhani).



Women in Different Dresses

The style of wearing these dresses varies from one state to another.



Different Styles of Saree-Blouse

In the same way, ghagra-choli with odhani is worn in many states like Haryana, Uttar Pradesh, Rajasthan, Gujarat and Kerala. In Kerala, it is known as mundu-blouse. Nowadays, young girls and women like to wear churidar, pyjama, kurta, trousers, t-shirts and skirts.

Some Facts : Until about 200 years ago, we had no machines for making clothes.

Men's Clothes : The most common dress of men in our country is trousers with a shirt. Other popular dresses are dhoti-kurta, kurta-pyjama, lungi-kurta. In some states, people still like to wear their traditional dresses.



In Rajasthan, people wear achkan (angrakha) with a **turban**. In Gujarat, they wear churidar-pyjama with a jacket. **Dhoti-kurta** is worn widely in Uttar Pradesh, West Bengal, Bihar and Asom.



Men in Different Dresses

Some Facts :

In Nagaland, we can recognize many tribes by the designs, stripes and colours of their shawls.

Turban is an important part of men's costume in India. We can recognise a man by looking his turban to which state he belongs to. Turban is a part of traditional dress. Some people like to wear caps. People in Gujarat wear **Gandhi caps**. Fur caps are worn in Kashmir. Caps of Himachal Pradesh are famous all over India. These are very colourful having beautiful embroidery. Besides these dresses, people like to wear jeans, t-shirts and trousers.



Clothes for Special Occasions: People who do special jobs wear special clothes. Policeman wears khaki dress. Doctors and nurses wear white dresses. Soldiers wear a special uniform as they represent our country. Children wear special dress for school. These special dresses are called **uniforms**.





On special occasions like marriages, birthdays and such other joyous moments, people like to wear colourful, bright clothes. These clothes are often made of silk and brocade. They like to wear gold, silver and diamond jewellery.



Activity

Collect the pictures of the people of different states wearing their traditional dresses.

Fabric: We generally wear clothes made of **natural fibres** such as wool, silk, cotton, jute and linen. But nowadays **synthetic fibre** is also in fashion.



wool



silk



cotton



jute



synthetic fibre

THINGS TO REMEMBER

1. People in different parts of our country wear different types of clothes.
2. Saree, salwar-kurta and ghagra- choli are the most popular dresses for women.
3. Men like to wear pants, jeans and shirts.
4. People who do special jobs wear uniforms.
5. Our clothes are generally made of natural or synthetic fibres.



EXERCISE

A. Write 'T' for True and 'F' for False :

1. All Indians wear the same type of clothes. ()
2. Doctors and nurses wear white dresses. ()
3. Fur caps are worn in Rajasthan. ()
4. Only people from Punjab wear turbans. ()
5. Our clothes are generally made of natural or synthetic fibres. ()

B. Fill in the blanks :

1. Indian women generally like to wear _____
2. The women in Punjab wear _____
3. Soldiers wear _____ to represent their country.
4. Special clothes are called _____
5. _____ is a modern dress of boys and girls.

C. Match the following :

- | | | |
|-----------------|-----|-------------------|
| 1. Gandhi caps | () | (a) Uttar Pradesh |
| 2. Fur caps | () | (b) Gujarat |
| 3. Turban | () | (c) Kerala |
| 4. Saree-blouse | () | (d) Kashmir |
| 5. Mundu-blouse | () | (e) Punjab |

D. Tick(✓) the correct answer:

1. In Gujarat, people wear churidar-pyjama with (*turban/jacket*).
2. Doctors and nurses wear (*black/white*) dresses.
3. Gandhi cap is popular in (*Sikkim/Gujarat*).
4. (*Festive clothes/Uniforms*) are made of silk and brocade.
5. Mundu-blouse is the traditional dress of (*Himachal Pradesh/Kerala*).



E. Answer the following questions :

1. Why do people wear different clothes in different parts of our country?
2. Which are the popular dresses of women in India ?
3. Which are the popular dresses of men in India ?
4. Name the different fibres used to make clothes.
5. Which kind of dresses people like to wear on special occasions ?

Project / Activity

F. Take out different dresses from your wardrobe and now compare the fibres used in them :

G. Here is given a list of dresses. Write the name of the fibre used in them :

- | | |
|------------------|-----------------------------|
| 1. Frock _____ | 2. Sweater _____ |
| 3. T-shirt _____ | 4. Socks _____ |
| 5. Jeans _____ | 6. Saree with brocade _____ |
| 7. Pants _____ | 8. Printed Saree _____ |

H. Collect different types of fibres and paste them in your scrap book :